

NURSING - CAREER PROGRESSION

Julia O'Mara - (Modern Matron for general practice)

"It was something core in my values and beliefs, I wanted to help people and I thought nursing would be a lovely way of doing that. I didn't realise how much the job would evolve. From a staff nurse I went in to specialism. I worked as a neurology Parkinson's specialist nurse which is something I would never imagine doing. And that's what built my confidence up in teaching. I was able to get my degree and now I'm an independent nurse prescriber so I can prescribe medicines. I can diagnose minor illnesses."

John Welch - (Nurse Consultant in critical care)

"I've built up experience purely in clinical work and later on I became a teacher and I sort of picked up leadership and had some leadership training along the way. I've been paid by my employers to do a couple of degrees at lower and higher levels and specialist training also. So I've been equipped as I go on the pathway that I have. I'm now in a position to combine all of those things and feel that I can have an effect at a patient level and also an organisational level."

Mandy Burton - (Advanced Nurse Specialist)

"The last fifteen years I've been able to do psychotherapy training and then go on to do the doctorate course which has been five years. It doesn't stop at one specialism, you can go on to, just change through your career really."

Nigel Sampson - (Child and Adolescent Mental Health Nurse.)

"I qualified from Nottingham on Queens medical university. I've done my specialty training in child and adolescent mental health, they funded my degree in clinical practice. I'm currently doing my masters in advanced clinical practice, I'm in my final year for that, all of which the NHS have funded. "

Stacey Tucker - (School Nurse)

"I've done a management course so I'm looking at moving up in to management so team leader."

Mercy Maponga - (Health Visitor)

"In nursing you're required to constantly upgrade yourself because people's ailments

are different. Technology is constantly changing so you really have to keep up with that."

Kate Slater - (Senior Development Manager for public health)

"The opportunity to progress to senior positions are absolutely there for people that want them, are prepared to do the study, prepared to do the work, prepared to take the responsibility."